



## ServeNoMaster 135: Serve No Master Essential Skills - Swimming

### Highlights:

[5:57] Parents should teach their kids how to swim because water is everywhere.

[8:56] How you see swimming determines how you react to teaching your kids swimming at a young age. Is it only entertainment or a life survival skill?

[15:47] You can't predict what will happen in the world around you.

[18:00] Being able to swim and having your kids learn to swim protects you from disasters.

**Sponsor Social Pilot** – <https://servenomaster.com/socialpilot>