



## ServeNoMaster 134: Use Your Time Wisely Before It's All Gone

### Highlights:

[2:53] Develop structures and ways to increase your efficiency so you can do the things you really want and things you should do.

[3:13] Ways to Waste Time Daily

- Watching TV
- Little things like checking emails during the day
- Social media games
- Driving to and from work

[5:07] Frequency of business meetings can measure a company's health.

[6:39] The most precious thing you possess is time. If others waste your time, it's the ultimate disrespect.

[10:55] We don't use time efficiently because we were not trained to do so.

[15:36] When you're super efficient, people who are not will begin to hate you.

[16:17] We were trained to measure success in time rather than project completion. You need to change your mindset.

[20:13] Sometimes we think we are using our time efficiently, but we are not.

[22:07] Think about how things affect you and how efficiently you are using your time.

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